

FCS Education empowers students to manage the challenges of living and working in a diverse, global society. Our unique focus is on families, careers, and their interrelationships.



How does FCS help students?

Family and Consumer Sciences provide students with the knowledge they need to be healthy, productive adults. FCS prepares future generations for success with knowledge they can't **LIVE** without. FCS teaches practical knowledge that will help students live independently after high school.

Questions?

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FCS STUDENTS SAY...

One of the best classes I've taken... it taught me basic budgeting, sewing skills, and cooking skills (which comes in handy once you move away from your parents). It was honestly the class I took the most away from.

2013 Graduate

Out of all my classes, Career Search and Positive You taught me accountability. I think all students should take these classes.

2016 Graduate

Best class I've taken; it was great taking a class that I will use everything I learned.

Current PHS Junior



Perry High School

Family and Consumer Sciences

Knowledge you can't **LIVE** without!



What is Family and Consumer Sciences?

Family and Consumer Sciences (FCS) is a set of courses that draw from a range of disciplines and contexts to achieve optimal and sustainable living for individuals, families and communities. Research shows parents strongly desire classes and instruction to prepare their children with the practical knowledge they need to LIVE independently. FCS is uniquely positioned to provide students with that practical knowledge. From career planning and nutritious meal preparation to child development and design FCS provides students with these skills. At Perry High School our Family and Consumer Sciences department offers 5 classes students can select from.

Knowledge you can't **LIVE** without!

FCS classes provide students with knowledge and skills they need for the rest of their lives. In FCS students learn through real life experiences vital skills to promote success in all aspects of life. Our classes help students be the best they can in their families, their community, and their future career.

Our Classes at PHS

◆ Career Search

Students begin by investigating themselves, their interests, abilities, personalities, values, etc., then link this information to potential careers. Students discover the various educational and career opportunities available during and after high school along with building personal soft skills for success. In the last section of our class, students will learn what it takes to land the position desired. Upon completion of this class students will have an individualized future and career blueprint.

Unlock Your Success In Life



With Essential Life Skills

◆ Positive You

Students learn proper nutrition, food preparation, safety and sanitation in the kitchen, and how to evaluate information related to food, nutrition, and the impact of consumer choices. Students also learn how to prepare for challenges and choices they will face in school, work and at home through various personal development topics.



◆ Textile and Interior Design

Students will learn the elements and principles of design, color theory, and construction of fabrics and interiors. Lab experiences will teach students basic sewing techniques. Students will apply knowledge and technical skills to create authentic projects and portfolios. Students will explore the various career opportunities related to interior design, textiles and fashion fields.



◆ Global Foods

Students will prepare international and ethnic specific cuisines while learning specific cooking techniques from regions around the world in a hands-on lab setting. Investigation of history, geography, climate and traditions specific to each culture. Students will explore careers in culinary and pastry arts while managing a catering business.



◆ Child Development

Students will study child growth and development from conception through adolescence focusing on physical, intellectual, emotional and social development at the various ages and stages of life. Students will investigate child development and psychology theories and learn ways to provide proper growth and development.

**Say
Yes to FCS**